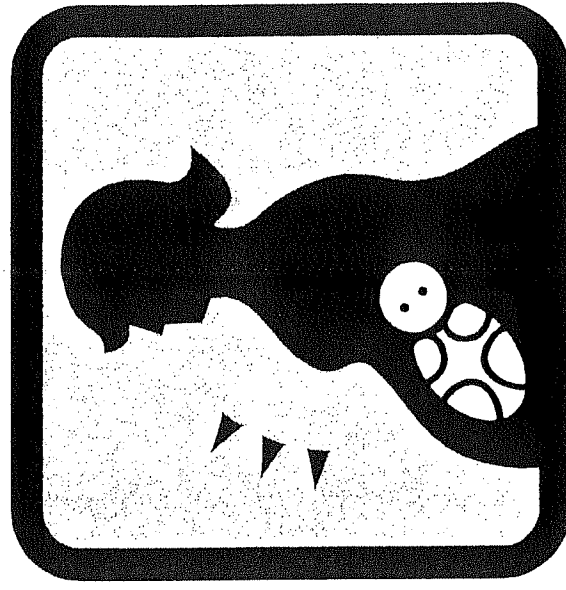


*Our services are available to
all pregnant women and
mothers with infants living
in Nemaha County.*

*Mother
And
Infant Program*



Nemaha County Community Health
Services, Inc.

1004 Main Street
P.O. Box 146
Sabetha, KS 66534
Phone: (785) 284-2152
Fax: (785) 284-3827

Nemaha County Community
Health Services, Inc.

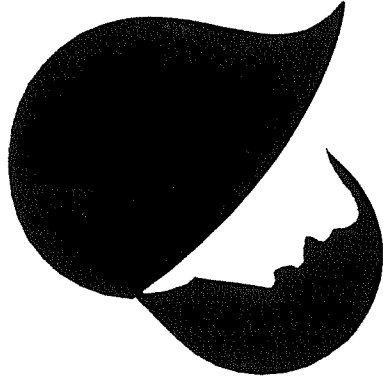
How Do I Get Started?

- *Call (785) 284-2152*
or
- *Call (877) 494-4856*
- *Walk in to Nemaha County Community Health Services*
- 1004 Main St
Sabetha, KS 66534
- 203 N 8th St
Seneca, KS 66538
- *Referral from a Community Provider*

Your appointments with our nursing staff are intended to enhance the care of your regular OB physician.

About Our Program

- *It is a free service funded by a state and county preventative health project.*
- *We serve pregnant women and mothers with infants living in Nemaha County.*
- *We see you monthly during your pregnancy.*
- *We see you and the baby at least every two months after delivery until the baby is one years old.*



What Can I Expect?

- *Prenatal vitamins free of charge*
- *Prenatal and postnatal education*
- *Community resources and referral information*
- *Support team of:*
 - *Your Physician*
 - *A Registered Nurse*
 - *A Dietitian*
 - *A Social Worker*